

PRE-TREATMENT INSTRUCTIONS:

- Use SPF 30 for any necessary sun exposure
- Avoid lasers, IPL's, chemical peels, microdermabrasion, exfoliations, scrubs to treatment areas 2 weeks prior to electrosurgery and until all treated areas have completely healed.
- Do not smoke or drink alcohol for two hours beforehand.
- Remove all makeup, lotions or oils from the face or other areas to be treated one hour before treatment with NON-ALCOHOL CLEANSER.
- Areas to be treated must be closely shaved or without hair.
- Multiple treatments may be needed for optimal results

DURING THE TREATMENT:

- Some patients may experience discomfort including but not limited to a snapping, hot, or tingling sensation.
- Comfort measures are available prior to and during treatment.

POST-TREATMENT INSTRUCTIONS:

- Do not smoke or drink alcohol for two hours after.
- Absolutely no intentional sun exposure or sunburn during course of treatment is recommended.
- Daily use of sunscreen SPF of 30 is recommended.
- Hydrocortisone is recommended.
- Keep skin moisturized and use only gentle skin care products
- Do not use exfoliators, scrubs, microdermabrasion, chemical peels, IPLS, lasers for 2 weeks after treatment and/or until all treated areas completely healed with no pinkness, crusting, or scabs.
- Do not pick at any crusty lesions or scabs, allow them to fall off on their own.

If you have additional questions prior or after your treatment, please call our office at: **(408) 295-2580**