

Skin Rejuvenation improves or reduces the appearance of telangiectasia, spider veins, angiomas, age spots, freckles, uneven pigmentation, non-dynamic fine lines, enlarged pore size, and textural irregularity. We recommend 5-6 treatments every 3-4 weeks. Maintenance as prescribed by your clinician. Treatment duration is 30 minutes to 1 hour. Skin rejuvenation may be combined with skin tightening and wrinkle reduction in the same treatment session.

PRE-TREATMENT INSTRUCTIONS:

- Avoid sun exposure for at least 2 weeks before the treatment. Apply broadspectrum sunscreen (UVA/UVB) SPF 30 or higher to any treatment area prior to sun exposure.
- Treatment cannot be done on areas with suntan or sunburn. Do not use tanning beds, tanning lotions, for minimum of 3 weeks before treatment.
- Discontinue using corrective products (ie: Retin-A, Retinol, Hydroquinone) on treatment areas for 5-7 days before treatment
- Please notify us if you are taking any photosensitive medications (ie: antibiotics).
- On the day of treatment, do not use lotion, make-up, perfume, powder, bath/shower oil in the area to be treated

POST-TREATMENT INSTRUCTIONS:

- Use sunblock (UVA/UVB SPF 30 or higher) and avoid sun tanning in treated areas. No tanning
- Some redness and swelling in treatment area is expected. Use cold compress to reduce symptoms.
- Avoid chemical or mechanical irritants 3-7 days after treatment
- Wash gently and do not use abrasive products in treated areas for 3 days.
- Do not take a hot bath, sauna, hot tub, or expose treated area to heat for 3 days
- If scabbing or crusting occurs, do not scratch or remove
- Fillers or other injectables should not be done within 1-2 weeks before and after skin rejuvenation treatment.

Possible side effects:

- Temporary discomfort or pain during treatment
- May feel warmth or tingling
- Temporary redness and swelling in treatment area
- Superficial crusting, scabbing, blistering in treatment area
- Temporary “darkening” of pigmented lesions before becoming lighter
- Temporary or permanent (very rare) discoloration

If you have additional questions prior or after your treatment, please call our office at: **(408) 295-2580**